



**Minutes of Strathcona Nordic Ski Club AGM meeting held on
November 07, 2022 at 7 pm via Zoom Online in Courtenay**

**Strathcona Nordic Ski Club ANNUAL GENERAL MEETING
November 7, 2022**

In Attendance: Board Members and Directors: Len Apedaile, Crystal Gaudry, Heather Macdonald, Jeff Fretts, Chris Bowlby, John Andres, Carolyn Harmatiuk, Paul Brown, Wendy Johnstone
Regrets: Michaela Jelen, Nell van Wyngaarden
Head Coach: Andrea Stapff
Club Coordinator: Michelle Willard

Other club members for a total attendance of 40 people.

Meeting Chairperson: Len Apedaile

Meeting opened at 7:01 pm

Opening Remarks: Len Apedaile made the following remarks:

Welcome to our virtual 2nd pandemic AGM!

Greetings and thank-you to our wonderful members, board of directors and staff.

This will be an ordinary general meeting with no special business or special resolutions on the agenda.

Quorum for this meeting will be 20 members or 5% of voting members. Quorum declared.

This will be my final report as President after 23 years in this role and three years prior to that as President of the Discovery Nordics. The Club was incorporated on Oct 4, 1999 with about 320 members in our first year – half of which were Jackrabbits!

We've come a long way since then with many highlights, accomplishments and generations of young skiers! The club has been a community effort with the dedicated support of many directors and countless volunteers and volunteer hours over the years. It's very gratifying to see how it has grown and flourished and I'm excited for its future.

I'm especially grateful and excited to hand over my responsibilities to a new incoming Club President Wendy Johnstone who took over the reins this past spring and would like to invite her to make a few remarks..

Incoming President: Wendy Johnstone

Thanked Len for his service and dedication. for his Spoke to her excitement of the club's direction, her history with the club and the strategic planning goals for the year including:

Fund Development

Build on processes, policies, procedure (FUN!)

Build Volunteer, Staff & Board Capacity

Keep lovin' skiing with our kick butt community

Adoption of the Agenda and Rules of Order

Rosyln Smith moved to accept the agenda, seconded by John Andres. Majority moved the agenda as accepted.

Review and Acceptance of the 2021 AGM Minutes

- 2021 AGM minutes, current financial statements, working budget were posted and circulated.
- Minutes moved by John Andres, seconded by Paul Chatterton accepted the 2021 AGM minutes as presented.

Business Arising from the Minutes

- None

Consideration of the Financial Statements – Crystal Gaudry, Treasurer

- Financial statements including 2020-21 profit & loss statement, balance sheet and budget are available for review. Our year-end is September 30th.
 - Our total revenue was \$ 186 654.69
 - Our total expenses were \$ 179 655.88
 - We had a net profit of \$ 6998.81 at our fiscal year-end.
 - We received a Community Gaming Grant of \$ 35 000 for 2020-21.
 - We received a Canadian Employment Benefit Account of \$ 17 689 in September 2020 to offset our 2019-20 deficit.
- We had a successful year and were able to deliver our competitive, recreational and school programs despite the impact of COVID. Competition and event expenses were down resulting in a net profit for the 2020-21 season.
- We were able to pay off our van loan this year. Thank you to the van sponsors, Dr. Andreas Conradi, Dr. Teri Norfolk, Shoreline Orthodontics & Current Environmental!
- We received an Olympic Legacy Grant of \$5000 to cover the costs of two low-income schools for our school program. Thank you to Heather Clarke for putting together the application!
- We received a Subsidy of over \$3500 from Rick Morson & Susan Carson to assist low-income students with the fees associated with participation in our school program. Thank you Rick & Susan!
- We have received a community gaming grant for \$36 500 for the next fiscal year 2021-2022.

Motions to accept financial statements: Liza Grant motioned to accept financial statements as presented, seconded by Marilyn Atkinson, carried.

Directors' Reports

Communications Report – Nell van Wyngaarden

- A huge thank you to Nell van Wyngaarden for her amazing efforts with communications.
- The SNSC Newsletter was sent out regularly throughout the 2021-2022 season, along with several Newsflash items.
- I have enjoyed excellent support from Andrea Stapff, Alison James (social media), Marika Galik (press / media articles) and members of the Board. Andrea has also made herself available for media interviews.
- Unfortunately, new work and travel commitments have led me to resign from the Communications role with the SNSC Board. Several people have already assumed responsibility for managing our website and social media, and for press liaison and articles on race events. I will continue to work on the newsletter until the new volunteer is available early in the new year.
- Our newsletters and communications efforts are dependent on the input and support from our families, volunteers, coaches and board members. Thank you!

Skill Development – Michaela Jelen & Heather Macdonald

- Overall, it was a great season!
- We ran a total of 18 programs (8 on Saturday, 10 on Sunday) across Bunny Rabbits, Jackrabbits L1-4, Youth Learn to Ski, FIT and SNAP
- 152 children registered

- 27 coaches (19 shared coaching duties) *Note - most of last year's coaches are not returning for the 2023 season
- Beckie Scott Sprints were held on March 6, 2022; 75% of Bunny Rabbit and Jackrabbit kids participated
- Year-end celebration was held on March 20th - included great games for all kids and everyone had fun despite not-so-great weather. Parent volunteers organized everything including hot chocolate and cookies for families after the event.
- Coordinating the SDP programs was a lot of work for one volunteer.
- For the 2023 season, we are looking at ways to reduce the load for one SDP program coordinator by creating clear roles and responsibilities for new volunteer positions.
- Thank you to Michaela Jelen & Heather Macdonald for their dedication and time!

Coach Development – Rec & Masters Program – Chris Bowlby

Coaching recruitment

- Last season(2021-22), SDP, school program and masters recreation program recruited more than 20 new coaches to the club
- Last season, worked closely with SDP coordinators and school program coordinator with new recruits and information on required NCCP coaching courses, ensuring that all coaches in club programs meet minimum coaching requirements
- Provided online ICC + CC course information to new coaches in training
- Clarified minimum coaching requirements for masters rec program (NC license and NCCP locker account)
- This Fall 2022, working closely again with SDP, school program and masters rec program to recruit new coaches; 15 new coaches in training have received information re: access to links and resources to support required certification
- Liaise with Head Coach re: coaching development for SNSC race program coaches; Ensure race program coaches get important NCCP + NC coaching resources and course offerings

Coaching courses

- SNSC hosted a successful NCCP Community Coaching CC workshops- January 8-9, 2022 at MWSR - 12 new coaches participated
- SNSC hosted Learn to Train (L2T) on snow workshop on January 7-9, 2022 at MWSR- 5 coaches participated
- Confirming dates for NCCP Community Coaching workshop for mid-Dec 2022 or mid-January 2023; currently 14 coaches in training have expressed interest

Coaching database + CRCs

- 262 coaches on the club coaching database
- Ongoing updating of coaching database, including provision for active coaches sheet; 75 active coaches last season (2021-22)
- Last season (2021-22), close to 20 new CRCs were added to the database for new coaches or updating CRCs of current coaches
- This Fall, 19 CRCs requests for coaches in training or updates for current coaches (ongoing)

Nordiq Canada coaching licenses

- Follow-up with all program coaches to ensure Nordiq Canada coaching licenses are updated for current season
- Coaching licenses are required for all coaches for NC/CCBC liability insurance coverage for club programs

OTHER

- Active member of the Board of Directors, general support as required
- Took an active role in supporting the Vancouver Island Loppet last season
- Masters race program will continue involvement and support of annual end of season loppet
- Active member of Master's race program
- Masters' rec program coach since 2005

School Program – Paul Brown/Jamie Purves

- From January 11 to March 17, 2022 the Strathcona Nordic ski club school program provided 1405 individual lessons to approximately 550 students.
- Most of the students received 3 lessons, some received 2 lessons
- Lessons were provided for 34 days by 8 different instructors.
- 11 schools, 5 from Campbell River and 6 from Courtenay, participated in the program.
- In regards our subsidy program:
- We received a significant financial donation from Rick Morson ,who for 20 years has provided financial support for the school program.
- As a founding donor of the school program from 2002 to 2021 Rick recognized through his affiliation with Wood Gundy CIBC and the program was known as the Wood Gundy Program. Last year as a result of Rick moving from CIBC to Richardson Greenshields the name of the program was changed to the Strathcona Nordic Ski Club School Program [SNSCSP].
- Going forward, Rick and his partner Susan Carson, at Richardson Greenshields are continuing to support the school program. We have already received a commitment for their support through the 22-23 season.
- The donations subsidized underprivileged students from 2 schools , one in Courtenay and one in Campbell River. Other donors to our program were Elaine Kerr, Brian Stamp and myself. Approximately 50 students received fully subsidized lessons. These students were primarily indigenous, and low income students from Campbell River and Courtenay.
- The program is evolving. Jamie and I will continue our current positions for the 22-23 season.

Fund Development – Wendy Johnstone

- Thank you to Crystal, Len and Alison for the hard work and time for our Gaming Grant.
- We currently are in need of a few key club members who would be willing to support some of our fundraising initiatives.
- Gaming Grant - \$36,500
- Regional Coach Grant - \$5,500
- Kal-Tire: \$1,179.52
- Club Sponsors: \$3000.00
- Rick and his partner Susan Carson are continuing to support the school program- \$3546.00
- Our annual Nordic Canada Campaign: 5,153.03
- Other fundraising efforts: \$2,306.16

Membership – Jeff Fretts

- 110 kids in the Rabbit Skill Development Program
- 42 New to JRabbits
- 29 kids in Devo Track Attack programs
- 20 kids in the Junior Race program
- 40 participants in the 5 Masters Rec skill development programs
- 19 Masters Racers
- 364 registered under family designation
- 59 single adult memberships
- 22 senior memberships
- 240 female members

- 221 male members
- THANK YOU Jeff Fretts!

Officials Directors

- Had a recent meeting with a group of individuals to get started on Race Committee
- Promising but need to recruit a Director.

Head Coach – Andrea Stapff

2021/2022 Highlights and 2022/2023 Looking Forward

First ever individual National Champion, Cross Country

Carly Ram (two national titles)

First ever team sprint National Champion, CCUNC

Amelia Wells

First ever individual National Champions, Biathlon

Gavin Johnston

Dan Gilfillan (two national titles), Dan also represented at Biathlon Jr World Championships

Provincial Team nominations for 2022/2023, cross country

BC Ski Team – 2 athletes

BC Development Squad – 1 athlete

BC Talent Squad – 6 athletes

Maintained participation capacity in recreational and racing programs, past season and looking forward, continued influx of new families, athletes moving through the LTAD model

Full complement of competitions over past season, at all levels (regional, provincial, western, national) and same for coming season

Full complement of dryland training camps this season, at all levels (regional, provincial, national) and return of Haig Glacier snow camp

Continued development in coaching capacity at Community Coach level (Active Start, and FUNdamentals) as well as capacity at the Competition Coaching Introduction level (Learn to Train and Train to Train).

L2T fully certified – Marika Galik, Gavin MacPhail, Jim Bratrud

L2T trained – Michaela Jelen, Ramona Gregory, Jaymie McGowan, Jay Havelaar, Sean Moore

T2T trained – Marika Galik, Michaela Jelen

T2T in-training – Alison James, Gavin MacPhail, Fil Bohac, Nick Holyome

Continued successful integration of competitive biathlon athletes into race programs

Continued good working relationship with MWAR and VIMC ensuring for a successful season for all programs, recreational to racing

With many thanks to all the amazing volunteers for all that you contribute to make this club so great: our coaches, wax techs, coordinators, board members, officials, families and supporters. Thank you also to our many local community sponsors and supporters.

Club Coordinator Report – Alison James

Operational duties as outlined by the Board of Directors including:

- Coordination and completion of fundraising initiatives

- Submitted the Gaming Grant with support from treasurer (Crystal Gaudry)
- Creating Recycle-It accounts in Comox, Courtenay, CR
- Obtained a CCBC grant for Track Attack Dryland Equipment (3 pairs of roller skis and dryland kit)
- Communications
 - Ongoing Info@ responses
 - Website updates
 - Social Media
 - Assistance with newsletters
- Board member support
 - Donations to SNSC through Nordiq Canada
 - Jackrabbit support for Coast Cup, coaching kits, etc
 - Coaching, Membership, Events support as required.

Election of Officers and Directors

Nominated for election or re-election:

- President – Wendy Johnstone
- VicePresident – remains open
- Treasurer – Carolyn Harmatiuk
- Secretary – Shane Landreville
- Director of Communications – remains open
- Director of Membership – Jeff Fretts
- Director of Coach Development – Chris Bowlby
- Director of Sponsorship and Fundraising – remains open
- Director of Skill Development: Michaela Jean/Heather Macdonald
- School Program Director– Paul Brown
- Members at Large – Graeme Magor
- Members at Large – Dave Rathlef

New nominations accepted. All Officers and Directors acclaimed. New board welcomed.

Thank-you to our outgoing directors and officers for their service to the club:

- Len Apedaile – President
- Crystal Gaudry – Treasurer
- Michaela Jelen – Skill Development (sharing the role but will be stepping away from role post season)
- Nell van Wyngaarden – Communications
- Kurt Galik – Member at Large

A special thank-you to outgoing Program Coordinator Alison James for her tireless work and dedication while wearing multiple hats.

Motion to adjourn meeting made by Crystal Gaudry; seconded by Chris Bowlby.

Meeting adjourned 8:31 pm

Minutes submitted by Wendy Johnstone, Secretary